

# Introducing the New American Red Cross Wilderness and Remote First Aid Course



- Ideal for anyone in a recreational or occupational environment an hour or more from EMS response
- Based on the Boy Scouts of America *Wilderness First Aid Curriculum and Doctrine Guidelines*
- Reviewed and/or supported by the American Camp Association, American Canoe Association, National Recreation and Parks Association, and JCC Association

## **Train for Emergencies in Wilderness and Remote Environments**

Ideal for scouts, outdoor enthusiasts or employees in remote environments an hour or more from EMS response, our new 16-hour Wilderness and Remote First Aid course gives you the skills you need to respond to an emergency when help may be delayed. Course participants must be at least 14 years of age and possess current certification in adult CPR/AED.

## **Become a Wilderness and Remote First Aid Instructor**

Become a Red Cross instructor and be part of an elite team that delivers lifesaving health and safety training under the most recognized and trusted symbol in the world. Whether you are a current instructor in wilderness first aid, or you are interested in becoming an instructor for the Red Cross course, you'll enjoy training opportunities that help expand your teaching skills and technical expertise while helping others.

## **Wilderness and Remote First Aid Topics:**

- Head (Brain), Neck and Spinal Injuries
- Hypothermia
- Allergies and Anaphylaxis
- Bone and Joint Injuries
- Wounds and Wound Infection
- Heat-Related Emergencies
- Altitude-Related Illnesses
- Burns, and more....

*A Century of Excellence in First Aid*

For more information, contact your local Red Cross chapter, call (800) 667-2968 or visit [www.ShopStayWell.com](http://www.ShopStayWell.com).

